Lancaster CSD High School
Lunch Menu Grades 9 - 12

March 2017

Thank you for your participation in our program we strive to provide flavorful nutritious meals in an enjoyable atmosphere

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast & Lunch Choices available for the 2016-2017 School Year located on the Back of the Menu **Menu Subject to Change**	**Student may choose menu of the day as bolded or substitute with an alternate entrée as listed On the back of the menu**	1 **Ravioli w/ Meatless Sauce Garlic Roll** - - - - - - - - - - - - - - Romaine Salad Green Beans Fresh & Prepared Fruit Milk Choice	2 **Pork Chopette w/ Warm Roll** - - - - - - - - - - - - - - Mashed Potatoes w/ Gravy Butternut Squash Fresh & Prepared Fruit Milk Choice	3 **Italian Grilled Cheese (Italian Dunkers)** - - - - - - - - - - - - - - Cauliflower Broccoli Fresh & Prepared Fruit Milk Choice
6 **Meatball Submarine w/ Melted Mozzarella** - - - - - - - - - - - - - - Green Beans Romaine Salad Fresh & Prepared Fruit Milk Choice	7 **Pulled Pork Sandwich on a Bun** - - - - - - - - - - - - - - Cole Slaw Corn Fresh & Prepared Fruit Milk Choice	8 **Sweet & Sour Chicken Rice Bowl** - - - - - - - - - - - - - - Oriental Vegetables Broccoli Fresh & Prepared Fruit Milk Choice	9 **Beef Crumble w/ Gravy** - - - - - - - - - - - - - - Mashed Potatoes w/ Gravy Diced Squash Fresh & Prepared Fruit Milk Choice	10 **Toasted Cheese Sandwich w/ Tomato Soup** - - - - - - - - - - - - - - Peas 3/4c Carrots Fresh & Prepared Fruit Milk Choice
13 **Homemade Sloppy Joe w/ Seasoned Rice** - - - - - - - - - - - - - - Romaine Salad 3/4c Carrots Fresh & Prepared Fruit Milk Choice	14 **Baked Potato Bar w/Cheesy Garlic Bread** - - - - - - - - - - - - - - Cauliflower Broccoli Fresh & Prepared Fruit Milk Choice	15 **Western BBQ Chicken Sandwich** - - - - - - - - - - - - - - Sweet Potato Fries Green Beans Fresh & Prepared Fruit Milk Choice	**Green Jello** 16 **Pork Roast w/ Gravy Bread & Butter** - - - - - - - - - - - - - - Mashed Potatoes w/ Gravy Corn Fresh & Prepared Fruit Milk Choice	17 **Staff Development Day** **No School**
20 **Chicken Parmesan Sandwich w/ Side of Spaghetti** - - - - - - - - - - - - - - Romaine Salad Green Beans Fresh & Prepared Fruit Milk Choice	21 **Hot Dog on a Bun w/ Mac Salad** - - - - - - - - - - - - - - Baked Beans Crinkle Cut Fries Fresh & Prepared Fruit Milk Choice	22 **Oven Baked BBQ Chicken w/ Warm Roll** - - - - - - - - - - - - - - Cole Slaw Sweet Potato Bake Fresh & Prepared Fruit Milk Choice	23 **Homemade Meatloaf w/ Gravy and a Roll** - - - - - - - - - - - - - - Mashed Potatoes w/ Gravy Peas Fresh & Prepared Fruit Milk Choice	24 **Pancakes w/ Mini Cheese Omelet** - - - - - - - - - - - - - - Tater Tots 3/4c Maple Glazed Carrots Fresh & Prepared Fruit Milk Choice
27 **Chicken Tender Sub w/ Lettuce & Tomato** - - - - - - - - - - - - - - Peas 3/4c Carrots Fresh & Prepared Fruit Milk Choice	28 **Lazy Lasagna w/ Garlic Parm Breadstick** - - - - - - - - - - - - - - Romaine Salad Green Beans Fresh & Prepared Fruit Milk Choice	29 **Ground Beef Gyro Pita Seasoned Rice** - - - - - - - - - - - - - - Greek Garbanzo Bean Salad Cauliflower Fresh & Prepared Fruit Milk Choice	30 **Chicken Bowl w/ Bread & Butter** - - - - - - - - - - - - - - Mashed Potatoes & Gravy Corn Fresh & Prepared Fruit Milk Choice	31 **French Toast Sticks w/ Sausage Patties** - - - - - - - - - - - - - - Seasoned Potato Wedges Maple Glazed Carrots Fresh & Prepared Fruit Milk Choice

Breakfast is the most important meal of the day. We offer a nutritious breakfast in every building daily when school is in session.

If you are approved for Free or Reduced Price Lunch you are automatically approved for Free or Reduced Price Breakfast.

Earn while your children learn Substitute Food Service Helper Positions Available Please Apply by Calling 716-686-3246